ADVANCE HEALTH CARE DIRECTIVE

ENLOE MEDICAL CENTER

An Advance Health Care Directive is a way to make your health care wishes known in the event you are unable to speak for yourself or prefer someone else to speak for you. An Advance Health Care Directive can serve one or both of these functions:

- **POWER OF ATTORNEY FOR HEALTH CARE (TO APPOINT AN AGENT)**
- **INSTRUCTIONS FOR HEALTH CARE (TO INDICATE YOUR WISHES)**

Persons of all ages may unexpectedly be in a position where they cannot speak for themselves, such as an accident or severe illness. Having an Advance Health Care Directive assures that your doctor knows your wishes about the care you want and/or who you want to make decisions on your behalf.

Once you have filled out the form, make sure you discuss your wishes with your family and the person you appoint to speak on your behalf. Also, make copies for those close to you and your doctor, and bring one in to Enloe Medical Center for your medical record.

Advance Health Care Directive forms in English and Spanish are available at www.enloe.org/directive.

Please call Enloe Case Management at (530) 332-7502 for more information on an Advance Health Care Directive or to request a "Voice Your Choice" Advance Health Care Directive booklet.

FAQs

Is the Advance Health Care Directive different from a Durable Power of Attorney for Health Care?
The Advance Health Care Directive (AHCD) was enacted by July 2000 legislation and replaced the Durable Power of Attorney for Health Care (DPAHC) and the Natural Death Act Declaration. However, if you had already completed one of these forms that was valid before July 1, 2000, it is still valid now. The only advance directive form that didn't change was the Pre-Hospital Do-Not-Resuscitate form.

Pre-Hospital Do-Not-Resuscitate form? Never heard of it!
This special form allows persons to indicate that they do not want CPR started if something happens to them outside a hospital. Normally, emergency medical personnel are required to start CPR for all persons; having this form protects people from receiving CPR if they choose to forego it. This form must be signed in advance by your doctor.

I've never completed an Advance Health Care Directive before. Why should I?
Persons of all ages may unexpectedly be in a position where they cannot speak for themselves, such as an accident or severe illness. In these situations, having an Advance Health Care Directive assures that your doctor knows your wishes about the kind of care you want and/or who you want to make decisions on your behalf.

Does this mean only one person can decide for me? What if I want others involved, too?
Often many family members are involved in decision-making. Most of the time, that works well, but occasionally, people will disagree about the best course of action. It is usually best to name just one person as the agent (with a back up, if you want). You can also indicate if there is someone who you do not want to make decisions for you.

But I thought the doctors made all those life-and-death decisions anyway?
Actually, doctors tell you about your medical condition, your different treatment options and what may happen with each type of treatment. Though doctors provide guidance, the decision to have, refuse or stop a treatment is yours.

What if something happens to me and no form has been completed?
If you are not able to speak for yourself, the doctor and health care team will turn to one or more family members or friends. The most appropriate decision-maker is the one with a close, caring relationship with you, is aware of your values and beliefs and is willing and able to make the needed decisions.

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My "values and beliefs?" But I haven't talked with anyone about these!
That's why it is a good idea to talk with family or close friends about the things that are important to you regarding quality of life and how you would want to spend your last days and weeks. Knowing the things that are most important to you will help your loved ones make the best decisions possible on your behalf. If your agent doesn't know your wishes, then he or she will decide based on what he or she believes is in your best interest.

What if I don't want to appoint an agent? Or don't have one to appoint?
You do not have to appoint an agent. You can still complete the Instructions for Health Care portion of the AHCD form, and this will provide your doctors with information to guide your care.

What kinds of things can I write in my Instructions for Health Care?
You can, if you wish, write your preferences about accepting or refusing life-sustaining treatment (such as CPR, feeding tubes or breathing machines), receiving pain medication, making organ donations, indicating your main doctor for providing your care, or other things that express your wishes and values.

If I appoint an agent, what can that person do?
Your agent will make all decisions for you, just like you would if you could. Your agent can choose your doctor and where you will receive your care, speak with your health care team, review your medical record and authorize its release, accept or refuse all medical treatments and make arrangements for you when you die. You should instruct your agent on these matters so he/she knows how to decide for you. The more you tell them the better they will be able to make those decisions on your behalf.

When does my agent make decisions for me?
Usually the agent makes decisions only if you are unable to make them yourself – such as, if you've lost the ability to understand things or communicate clearly. However, if you want, your agent can speak on your behalf at any time, even when you are still capable of making your own decisions. You can also appoint a "temporary" agent. For example, if you suddenly become ill, you can tell your doctor if there is someone else you want to make decisions for you. This oral instruction is just as legal as a written one!

Are there other oral instructions that don't involve a written form?
Yes. You can make an individual health care instruction orally to any person at any time, and it is considered valid. All health care providers must document your wishes in your medical record. But it is often easier to follow your instructions if they are written down.

Can I make up my own form or use one from another state?
Yes. That's why this law is so flexible. Any type of form is legal as long as it includes 1) your signature and date, 2) the signature of two qualified witnesses, and 3) if you reside in a skilled nursing facility, the signature of the patient advocate or ombudsman. These signatures, however, must include special wording.

Sounds difficult. Do I need an attorney to help with this?
No. Completing an Advance Health Care Directive isn't difficult, and an attorney is not necessary. But actually the most important part of this is talking to your loved ones. Without that conversation, the best form in the world may not be helpful!

OK, I'll talk to them! But what should I do with the form after I complete it?
Make copies for all those who are close to you. Take one to your doctor to discuss and ask that it be included in your medical record. Also, take one to your local hospital so if you enter the emergency room it will have your AHCD already in your medical record Photocopied forms are just as valid as the original. And be sure to keep a copy for yourself in a visible, easy-to-find location – not locked up in a drawer.

What if I change my mind?
You can revoke your form (or your oral instructions) at any time. Also, it's a good idea to retrieve old forms and replace them with new ones.

Do doctors or hospitals require a patient to have an Advance Health Care Directive form?
No, they cannot require you to complete one. But doctors and hospitals should have information available to you and your family about the form and your right to make health care decisions.

FORM 3-1

ADVANCE HEALTH CARE DIRECTIVE

INSTRUCTIONS

Part 1 of this form lets you name another individual as agent to make health care decisions for you if you become incapable of making your own decisions, or if you want someone else to make those decisions for you now even though you are still capable. You may also name an alternate agent to act for you if your first choice is not willing, able, or reasonably available to make decisions for you.

Your agent may not be an operator or employee of a community care facility or a residential care facility where you are receiving care, or your supervising health care provider or an employee of the health care institution where you are receiving care, unless your agent is related to you or is a coworker.

Unless you state otherwise in this form, your agent will have the right to:

1. Consent or refuse consent to any care, treatment, service, or procedure to maintain, diagnose, or otherwise affect a physical or mental condition.
2. Select or discharge health care providers and institutions.
3. Approve or disapprove diagnostic tests, surgical procedures, and programs of medication.
4. Direct the provision, withholding, or withdrawal of artificial nutrition and hydration and all other forms of health care, including cardiopulmonary resuscitation.
5. Donate organs or tissues, authorize an autopsy, and direct disposition of remains.

However, your agent will not be able to commit you to a mental health facility, or consent to convulsive treatment, psychosurgery, sterilization or abortion for you.

Part 2 of this form lets you give specific instructions about any aspect of your health care, whether or not you appoint an agent. Choices are provided for you to express your wishes regarding the provision, withholding, or withdrawal of treatment to keep you alive, as well as the provision of pain relief. You also can add to the choices you have made or write down any additional wishes. If you are satisfied to allow your agent to determine what is best for you in making end of life decisions, you need not fill out Part 2 of this form.

Give a copy of the signed and completed form to your physician, to any other health care providers you may have, to any health care institution at which you are receiving care, and to any health care agents you have named. You should talk to the person you have named as agent to make sure that he or she understands your wishes and is willing to take the responsibility.

You have the right to revoke this advance health care directive or replace this form at any time.

Name of Patient: _____

Date of Birth: _____

PART 1 – POWER OF ATTORNEY FOR HEALTH CARE

DESIGNATION OF AGENT:

I designate the following individual as my agent to make health care decisions for me:

Name of individual you choose as agent: _____

Address: _____

_____

Telephone: _____
(home phone) *(work phone)* *(cell/pager)*

OPTIONAL: If I revoke my agent's authority or if my agent is not willing, able, or reasonably available to make a health care decision for me, I designate as my first alternate agent:

Name of individual you choose as first alternate agent: _____

Address: _____

_____

Telephone: _____
(home phone) *(work phone)* *(cell/pager)*

OPTIONAL: If I revoke the authority of my agent and first alternate agent or if neither is willing, able, or reasonably available to make a health care decision for me, I designate as my second alternate agent:

Name of individual you choose as second alternate agent: _____

Address: _____

_____

Telephone: _____
(home phone) *(work phone)* *(cell/pager)*

AGENT'S AUTHORITY:

My agent is authorized to make all health care decisions for me, including decisions to provide, withhold, or withdraw artificial nutrition and hydration and all other forms of health care to keep me alive, except as I state here:

_____

_____

_____

(Add additional sheets if needed.)

WHEN AGENT'S AUTHORITY BECOMES EFFECTIVE:

My agent's authority becomes effective when my primary physician determines that I am unable to make my own health care decisions.

_____
(Initial here)

OR

My agent's authority to make health care decisions for me takes effect immediately.

_____
(Initial here)

AGENT'S OBLIGATION:

My agent shall make health care decisions for me in accordance with this power of attorney for health care, any instructions I give in Part 2 of this form, and my other wishes to the extent known to my agent. To the extent my wishes are unknown, my agent shall make health care decisions for me in accordance with what my agent determines to be in my best interest. In determining my best interest, my agent shall consider my personal values to the extent known to my agent.

AGENT'S POSTDEATH AUTHORITY:

My agent is authorized to make anatomical gifts, authorize an autopsy and direct disposition of my remains, except as I state here or in Part 3 of this form:

_____

_____

_____

(Add additional sheets if needed.)

NOMINATION OF CONSERVATOR:

If a conservator of my person needs to be appointed for me by a court, I nominate the agent designated in this form. If that agent is not willing, able or reasonably available to act as conservator, I nominate the alternate agents whom I have named, in the order designated.

PART 2 – INSTRUCTIONS FOR HEALTH CARE

If you fill out this part of the form, you may strike any wording you do not want.

END OF LIFE DECISIONS:

I direct that my health care providers and others involved in my care provide, withhold, or withdraw treatment in accordance with the choice I have marked below:

Choice Not To Prolong Life:

_____
(Initial here)

I do not want my life to be prolonged if (1) I have an incurable and irreversible condition that will result in my death within a relatively short time, (2) I become unconscious and, to a reasonable degree of medical certainty, I will not regain consciousness, or (3) the likely risks and burdens of treatment would outweigh the expected benefits,

OR

Choice To Prolong Life:

_____
(Initial here)

I want my life to be prolonged as long as possible within the limits of generally accepted health care standards.

RELIEF FROM PAIN:

Except as I state in the following space, I direct that treatment for alleviation of pain or discomfort be provided at all times, even if it hastens my death:

_____

_____

(Add additional sheets if needed.)

OTHER WISHES:

(If you do not agree with any of the optional choices above and wish to write your own, or if you wish to add to the instructions you have given above, you may do so here.) I direct that:

_____

_____

_____

_____

(Add additional sheets if needed.)

PART 3 – DONATION OF ORGANS AT DEATH (OPTIONAL)

I. Upon my death:

I give any needed organs, tissues, or parts. _____
(Initial here)

OR

I do *not* authorize the donation of any organs, tissues or parts. _____
(Initial here)

OR

I give the following organs, tissues, or parts only: _____

_____

_____
(Initial here)

II. If you wish to donate organs, tissues, or parts, you must complete II. and III.

My gift is for the following purposes:

Transplant _____ *(Initial here)*
Research _____ *(Initial here)*

Therapy _____ *(Initial here)*
Education _____ *(Initial here)*

III. I understand that tissue banks work with both nonprofit and for-profit tissue processors and distributors. It is possible that donated skin may be used for cosmetic or reconstructive surgery purposes. It is possible that donated tissue may be used for transplants outside of the United States.

1. My donated skin may be used for cosmetic surgery purposes.

Yes _____ *(Initial here)*
No _____ *(Initial here)*

2. My donated tissue may be used for applications outside of the United States.

Yes _____ *(Initial here)*
No _____ *(Initial here)*

3. My donated tissue may be used by for-profit tissue processors and distributors.

Yes _____ *(Initial here)*
No _____ *(Initial here)*

(Health and Safety Code Section 7158.3)

PART 4 – PRIMARY PHYSICIAN (OPTIONAL)

I designate the following physician as my primary physician:

Name of Physician: _____

Telephone: _____

Address: _____

_____

OPTIONAL: If the physician I have designated above is not willing, able, or reasonably available to act as my primary physician, I designate the following physician as my primary physician:

Name of Physician: _____

Telephone: _____

Address: _____

_____

PART 5 – SIGNATURE

The form must be signed by you and by two qualified witnesses, or acknowledged before a notary public.

SIGNATURE:

Sign and date the form here:

Date: _____ Time: _____ AM / PM

Signature: _____
(patient)

Print name: _____
(patient)

Address: _____

_____

STATEMENT OF WITNESSES:

I declare under penalty of perjury under the laws of California (1) that the individual who signed or acknowledged this advance health care directive is personally known to me, or that the individual's identity was proven to me by convincing evidence, (2) that the individual signed or acknowledged this advance directive in my presence, (3) that the individual appears to be of sound mind and under no duress, fraud, or undue influence, (4) that I am not a person appointed as agent by this advance directive, and (5) that I am not the individual's health care provider, an employee of the individual's health care provider, the operator of a community care facility, an employee of an operator of a community care facility, the operator of a residential care facility for the elderly, nor an employee of an operator of a residential care facility for the elderly.

FIRST WITNESS

Name: _____ Telephone: _____

Address: _____

_____

Date: _____ Time: _____ AM / PM

Signature: _____
(witness)

Print name: _____
(witness)

SECOND WITNESS

Name: _____ Telephone: _____

Address: _____

_____

Date: _____ Time: _____ AM / PM

Signature: _____
(witness)

Print name: _____
(witness)

ADDITIONAL STATEMENT OF WITNESSES:

At least one of the above witnesses must also sign the following declaration:

I further declare under penalty of perjury under the laws of California that I am not related to the individual executing this advance health care directive by blood, marriage, or adoption, and to the best of my knowledge, I am not entitled to any part of the individual's estate upon his or her death under a will now existing or by operation of law.

Date: _____ Time: _____ AM / PM

Signature: _____
(witness)

Print name: _____
(witness)

A notary public or other officer completing this certificate verifies only the identity of the individual who signed the document to which this certificate is attached, and not the truthfulness, accuracy, or validity of the document.

YOU MAY USE THIS CERTIFICATE OF ACKNOWLEDGMENT BEFORE A NOTARY PUBLIC INSTEAD OF THE STATEMENT OF WITNESSES.

State of California)

County of _____)

)

On *(date)*_____ before me, *(name and title of the officer)* _____ _____ personally appeared *(name(s) of signer(s))* _____, who proved to me on the basis of satisfactory evidence to be the person(s) whose name(s) is/are subscribed to the within instrument and acknowledged to me that he/she/they executed the same in his/her/their authorized capacity(ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity upon behalf of which the person(s) acted, executed the instrument.

I certify under PENALTY OF PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal.

Signature: _____ [Seal]
(notary)

PART 6—SPECIAL WITNESS REQUIREMENT

If you are a patient in a skilled nursing facility, the patient advocate or ombudsman must sign the following statement:

STATEMENT OF PATIENT ADVOCATE OR OMBUDSMAN

I declare under penalty of perjury under the laws of California that I am a patient advocate or ombudsman as designated by the State Department of Aging and that I am serving as a witness as required by Section 4675 of the Probate Code.

Date: _____ Time: _____ AM / PM

Signature: _____
(patient advocate or ombudsman)

Print name: _____
(patient advocate or ombudsman)

Address: _____

DIRECTIVA POR ANTICIPADO DE LA ATENCIÓN DE LA SALUD

INSTRUCCIONES

La Sección 1 de este formulario le permite nombrar a otro individuo como representante para que tome las decisiones de atención de la salud por usted en caso que llegue a ser incapaz de tomar sus propias decisiones o si usted quiere que alguien más tome esas decisiones por usted ahora aunque todavía siga siendo capaz. También puede nombrar a un representante suplente que actúe por usted si su primera elección no está dispuesta, no es capaz o no está razonablemente accesible para tomar decisiones por usted.

Su representante no puede ser un operador o empleado de un establecimiento de atención comunitaria y un establecimiento de atención residencial donde lo estén atendiendo, ni su proveedor de atención de la salud encargado de la supervisión o un empleado de la institución de atención de la salud donde usted esté recibiendo la misma, a menos que su representante esté emparentado con usted o sea compañero de trabajo.

A menos que indique lo contrario en este formulario, su representante tendrá el derecho de:

1. Prestar o negar el consentimiento a cualquier atención, tratamiento, servicio o procedimiento para mantener, diagnosticar o afectar de otro modo una enfermedad física o mental.
2. Seleccionar o rechazar proveedores e instituciones de atención de la salud.
3. Aprobar o desaprobar pruebas diagnósticas, procedimientos quirúrgicos y programas de medicamentos.
4. Dirigir el proveimiento, la negación o la retirada de nutrición e hidratación artificial y todas las demás formas de atención de la salud, incluyendo resucitación cardiopulmonar.
5. Donar órganos o tejidos, autorizar una autopsia y ordenar la disposición final de los restos.

Sin embargo, su representante no podrá internarlo en un establecimiento psiquiátrico ni dar su consentimiento para que usted sea sometido a tratamiento convulsivo, psicocirugía, esterilización o aborto.

La Sección 2 de este formulario le permite dar instrucciones específicas acerca de cualquier aspecto de su atención de la salud, ya sea que usted nombre un representante o no. Se proporcionan opciones para que usted exprese sus deseos acerca del proveimiento, la negación o la retirada del tratamiento para mantenerlo vivo, así como el proveimiento de alivio del dolor. También se proporciona espacio para que usted aumente las opciones que haya hecho o que anote cualesquier deseos adicionales. Si está conforme con dejar que su representante determine lo que sea mejor para usted al tomar decisiones relacionadas con el final de la vida, no es necesario que llene la Parte 2 de este formulario.

Entrégueles copias del formulario firmado y debidamente llenado a su médico, a cualesquier otros proveedores de atención de la salud que pueda tener, a cualquier institución de atención de la salud en la que lo estén atendiendo y a todos los representantes de atención de la salud que haya nombrado. Deberá hablar con la persona que haya nombrado como representante para asegurar que él o ella entienda sus deseos y esté dispuesta a asumir la responsabilidad.

Usted tiene derecho a revocar esta directiva por anticipado de la atención de la salud o a reemplazar este formulario en cualquier momento.

Nombre de Paciente: _____

Fecha de Nacimiento: _____

PARTE 1 – PODER NOTARIAL PARA ATENCIÓN DE LA SALUD

DESIGNACIÓN DEL REPRESENTANTE:

Designo al siguiente individuo como mi representante para que tome las decisiones de atención de la salud por mí:

Nombre del individuo que usted elija como representante: _____

_____

Dirección: _____

_____

Teléfono: _____
(en casa) *(teléfono en el trabajo)* *(teléfono celular/localizador)*

OPCIONAL: Si revoco la autoridad de mi representante o si mi representante no está dispuesto, no es capaz o no está razonablemente accesible para tomar una decisión de atención de la salud por mí, designo como mi primer representante suplente a:

Nombre de la persona que usted elige como primera alternativa: _____

_____

Dirección: _____

_____

Teléfono: _____
(en casa) *(teléfono en el trabajo)* *(teléfono celular/localizador)*

OPCIONAL: Si revoco la autoridad de mi representante y mi primer representante suplente o si ninguno de los dos está dispuesto, es capaz o está razonablemente accesible para tomar una decisión de atención de la salud por mí, designo como mi segundo representante suplente a:

Nombre del individuo que usted elija como su segundo representante suplente: _____

_____

Dirección: _____

_____

Teléfono: _____
(en casa) *(teléfono en el trabajo)* *(teléfono celular/localizador)*

AUTORIDAD DEL REPRESENTANTE:

Mi representante está autorizado para tomar todas las decisiones de atención de la salud por mí, incluyendo las decisiones para proveer, negar o retirar la nutrición e hidratación artificial y todas las demás formas de atención de la salud para mantenerme vivo, excepto como lo consigno aquí:

_____

_____

(Si es necesario, agregue hojas adicionales.)

CUÁNDO ENTRA EN VIGENCIA LA AUTORIDAD DEL REPRESENTANTE:

La autoridad de mi representante entra en vigencia cuando mi médico de atención primaria determine que soy incapaz de tomar mis propias decisiones de atención de la salud.

_____

(Inicial aquí)

La autoridad de mi representante para tomar las decisiones de atención de la salud por mí entra en vigor inmediatamente.

_____

(Inicial aquí)

OBLIGACIÓN DEL REPRESENTANTE:

Mi representante tomará decisiones de atención de la salud por mí de acuerdo con este poder notarial para atención de la salud, todas las instrucciones que yo proporcione en la Parte 2 de este formulario y mis demás deseos en la medida conocida para mi representante. En la medida que mis deseos sean desconocidos, mi representante tomará decisiones de atención de la salud por mí de acuerdo con lo que mi representante determine que es en mi mejor interés. Para determinar mi mejor interés, mi representante deberá considerar mis valores personales en la medida conocida por el mismo.

AUTORIDAD DEL REPRESENTANTE DESPUÉS DE LA MUERTE:

Mi representante está autorizado para hacer donaciones anatómicas, autorizar una autopsia y ordenar la disposición final de mis restos, excepto como yo lo consigno aquí o en la Parte 3 de este formulario:

_____

_____

_____

(Si es necesario, agregue hojas adicionales.)

NOMBRAMIENTO DE CURADOR:

Si algún tribunal necesita nombrar a un curador de mi persona, propongo al representante designado en este formulario. Si dicho representante no está dispuesto, no es capaz o no está razonablemente disponible para actuar como curador, propongo a los representantes suplentes que he nombrado, en el orden designado.

PARTE 2 – INSTRUCCIONES PARA LA ATENCIÓN DE LA SALUD

Si usted llena esta parte del formulario, podrá tachar cualquier texto que no quiera.

DECISIONES DEL FINAL DE LA VIDA:

Ordeno que mis proveedores de atención de la salud y otros que participen en mi atención provean, nieguen o retiren el tratamiento de acuerdo con la elección que yo haya marcado abajo:

Elección de no prolongar la vida

_____
(Inicial aquí)

No quiero que mi vida sea prolongada si (1) tengo una enfermedad incurable e irreversible que resulte en mi muerte dentro de un periodo relativamente corto, (2) pierdo el conocimiento y, con un grado razonable de certidumbre médica, no lo recuperaré o (3) los riesgos y cargas probables del tratamiento serían más mayores que los beneficios previstos,

O

Elección de prolongar la vida

_____
(Inicial aquí)

Quiero que mi vida sea prolongada tanto como sea posible dentro de los límites de las normas de atención de la salud generalmente aceptadas.

ALIVIO DEL DOLOR:

Excepto como lo consigno en el siguiente espacio, ordeno que se me proporcione en todo momento tratamiento para el alivio del dolor o las molestias, aunque acelere mi muerte:

_____

_____

(Si es necesario, agregue hojas adicionales.)

OTROS DESEOS:

(Si usted no está de acuerdo con alguna de las elecciones opcionales que aparecen arriba y desea anotar las suyas propias, o si desea aumentar las instrucciones que ha proporcionado arriba, puede hacerlo aquí). Ordeno que:

_____

_____

_____

_____

(Si es necesario, agregue hojas adicionales.)

PARTE 3 – DONACIÓN DE ÓRGANOS DESPUÉS DE LA MUERTE (OPCIONAL)

I. Después de mi muerte

Dono todos los órganos, tejidos o partes necesarios. _____
(Inicial aquí)

O

No autorizo la donación de ningún órgano, tejido u otra parte del cuerpo. _____
(Inicial aquí)

O

Dono solamente los siguientes órganos, tejidos o partes: _____

_____

_____
(Inicial aquí)

II. Si usted desea donar a órganos, tejidos o partes, usted debe completar II. y III.

Mi donación es para los siguientes propósitos (tache cualquiera de los siguientes que usted no desee):

Trasplante _____ *(Inicial aquí)* Investigación _____ *(Inicial aquí)*

Terapia _____ *(Inicial aquí)* Educación _____ *(Inicial aquí)*

III. Entiendo que los bancos de tejidos trabajan con procesadores y distribuidores de tejidos tanto con fines de lucro como sin fines de lucro. Es posible que la donación de piel se use para fines cosméticos o de cirugía reconstructiva. Es posible que la donación de tejido se use para trasplantes fuera de los Estados Unidos.

1. Mi donación de piel puede usarse con fines de cirugía cosmética.

   Sí _____ *(Inicial aquí)* No _____ *(Inicial aquí)*

2. Mi donación de tejido puede usarse para aplicaciones fuera de los Estados Unidos.

   Sí _____ *(Inicial aquí)* No _____ *(Inicial aquí)*

3. Mi donación de tejido puede ser usada por procesadores y distribuidores de tejidos con fines lucrativos.

   Sí _____ *(Inicial aquí)* No _____ *(Inicial aquí)*

(Health and Safety Code Section 7158.3)

PARTE 4 – MEDICO DE ATENCIÓN PRIMARIA (OPCIONAL)

Designo al siguiente como mi médico de atención primaria:

Nombre del Médico: _____

Teléfono: _____

Dirección: _____

_____

OPCIONAL: Si el médico que he designado no está dispuesto, no es capaz o no está razonablemente accesible para actuar como mi médico de atención primaria, designo al siguiente para que desempeñe este papel:

Nombre del Médico: _____

Teléfono: _____

Dirección: _____

_____

PARTE 5 – FIRMA

El formulario debe ser firmado por usted y dos testigos calificados o certificado ante un notario público.

FIRMA:

Firme y ponga aquí la fecha en el formulario:

Fecha: _____ Hora: _____ AM / PM

Firma: _____
(paciente)

Nombre en letra de imprenta: _____
(paciente)

Dirección: _____

_____

DECLARACIÓN DE LOS TESTIGOS:

Declaro bajo pena de perjurio conforme a las leyes de California (1) que el individuo que firmó o certificó esta directiva por anticipado de la atención de la salud es conocido personalmente para mí, o que la identidad del individuo me fue demostrada con evidencia convincente, (2) que el individuo firmó o certificó esta directiva por anticipado en mi presencia, (3) que el individuo parece encontrarse en buen estado mental y bajo ninguna presión, fraude o influencia indebida, (4) que no soy la persona designada como representante en esta directiva por anticipado y (5) que no soy el proveedor de atención de la salud del individuo, un empleado del proveedor de atención de la salud del individuo, el operador de un establecimiento de atención comunitaria, un empleado de un operador de un establecimiento de atención comunitaria, el operador de un establecimiento de atención residencial para ancianos, ni un empleado de un operador de un establecimiento de atención residencial para personas de edad avanzada.

PRIMERO TESTIGO

Nombre: _____ Teléfono: _____

Dirección: _____

_____

Fecha: _____ Hora: _____ AM / PM

Firma: _____
(testigo)

Nombre en letra de imprenta: _____
(testigo)

SEGUNDO TESTIGO

Nombre: _____ Teléfono: _____

Dirección: _____

_____

Fecha: _____ Hora: _____ AM / PM

Firma: _____
(testigo)

Nombre en letra de imprenta: _____
(testigo)

DECLARACIÓN ADICIONAL DE LOS TESTIGOS:

Por lo menos uno de los testigos mencionados arriba también debe firmar la siguiente declaración:

Declaro además bajo pena de perjurio conforme a las leyes de California que no estoy emparentado por lazos sanguíneos, matrimonio o adopción con el individuo que formaliza esta directiva por anticipado de la atención de la salud, y que a mi leal saber y entender, no tengo derecho a parte alguna del caudal hereditario del individuo después de su muerte bajo un testamento actualmente existente o por ministerio de ley.

Fecha: _____ Hora: _____ AM / PM

Firma: _____
(testigo)

Nombre en letra de imprenta: _____
(testigo)

A notary public or other officer completing this certificate verifies only the identity of the individual who signed the document to which this certificate is attached, and not the truthfulness, accuracy, or validity of the document.

USTED PUEDE USAR ESTE CERTIFICADO DE CONFIRMACIÓN ANTE NOTARIO PÚBLICO EN VEZ DE LA DECLARACIÓN DE TESTIGOS.

State of California)

County of _____)

)

On *(date)*_____ before me, *(name and title of the officer)* _____ _____ personally appeared *(name(s) of signer(s))* _____, who proved to me on the basis of satisfactory evidence to be the person(s) whose name(s) is/are subscribed to the within instrument and acknowledged to me that he/she/they executed the same in his/her/their authorized capacity(ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity upon behalf of which the person(s) acted, executed the instrument.

I certify under PENALTY OF PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal.

Signature: _____ [Seal]
(notary)

PARTE 6 – REQUERIMIENTO DE TESTIGO ESPECIAL

Si usted es paciente en un establecimiento con servicio de enfermería especializada, el abogado o defensor cívico del paciente debe firmar la siguiente declaración:

DECLARACIÓN DEL ABOGADO O DEFENSOR CÍVICO DEL PACIENTE

Declaro bajo pena de perjurio conforme a las leyes de California que soy abogado o defensor cívico del paciente designado por el Departamento de la Senectud del Estado y que estoy sirviendo como testigo como lo estipula la Sección 4675 del Código Testamentario.

Fecha: _____ Hora: _____ AM / PM

Firma: _____
(abogado o defensor cívico del paciente)

Nombre en letra de imprenta: _____
(abogado o defensor cívico del paciente)

Dirección: _____