

Northern California Resource List for Pain Management

Annsmalai Ashokan, MD

Chico Office

5 Jan Court, Suite 170
Chico, CA 95928
Phone: (530) 895-9720
Fax: (530)

Monterey Office

947 Cass Street, Suite 1
Monterey, CA 93940
Phone: (831) 649-6135
Fax: (831) 649-6457

Health Education for Living with Pain (HELP)

William Brose, MD
1900 O'Farrell Street, Ste. 250
San Mateo, CA 94403
Phone: (650) 645-1100
Fax: (650) 645-1197
www.helpain.net

Mountain Health Clinic

395 Del Norte Ave.
Yuba City, CA 95901
Phone: (530) 755-0857
(530) 755-0858

Metropolitan Pain Management Consultants

2288 Auburn Blvd. #106
Sacramento, CA 95821
Phone: (916) 568-8338
Fax: (916) 925-3985
www.pain-mpmc.com

Pacifica Pain Management Services

6 Woodland Road, Ste 303
St. Helena, CA 94574
Toll-free phone: 1-800-964-1493
Phone: (707) 963-1493
Fax: (707) 963-1463
www.pacificapainmanagement.com

Sacramento Pain Clinic

2805 J Street, #210
Sacramento, CA 95816
Phone: (916) 440-8088
Fax: (916) 440-8089

Carl H. Shin, MD

1817 Professional Drive
Sacramento, CA 95825
Phone: 916-977-0741
Fax: 916-977-0547

Therapeutic Pain Management Medical Clinic (TPM)

Redding Anesthesia Associates Medical Group
1335 Buenaventura Blvd, Suite 100
Redding, CA 96001
(530) 247-7246 phone
(530) 245-0849 fax
<http://TPMClinic.com>