



caring for the
body, mind
and spirit

Enloe Medical Center is committed to providing a nurturing environment where patients are surrounded by caring staff and supported by opportunities and resources that promote healing of the body, mind and spirit.

The Planetree Approach to Patient-Centered Care at Enloe Medical Center

The philosophy driving this patient-centered approach to health care is called *Planetree*, a concept that Enloe is in the process of implementing throughout the medical center.

Enloe's membership in the Planetree association brings together an international community of patient-centered health care organizations to assist Enloe Medical Center on their journey. Taking its name from the sycamore, or planetree, under which Hippocrates taught his students, the organization is radically changing how health care is being provided. The innate ability of human caring is integrated with the best of scientific medicine and complementary healing traditions to satisfy the full range of patient needs and preferences.

The medical miracles available today in health care are extensive and profound. Health care professionals strive to utilize the latest available technology with the quality patient care that optimizes health and recovery. Partnering with Planetree helps Enloe achieve balance – balance between modern advances and the therapeutic value of simple human interaction; balance between staff's commitment to taking care of others and their commitment to their personal wellness; and balance between the bottom-line and our top priority: patient care.

Nothing gets in the way of the richness of life like health problems. Illness interrupts your daily joys, pushes you from life's normal path, creating a chaotic whirlwind of anxiety. Until recently, many paths back to health have been overlooked by medical professionals. Through organizational transformation at Enloe, these paths will become available in a healing environment where patients are active participants and caregivers are enabled to thrive.



ENLOE
MEDICAL CENTER

Enloe Medical Center's Planetree Initiatives:



Human Interactions



Healing Environments



Access to Information



Food and Nutrition



Healing Arts



Spirituality



Caring Touch and Integrative Therapies



Employee and Physician Engagement



Healthy Communities

Visit www.enloe.org/Planetree to learn more.



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Components of Planetree

“Planetree encourages interaction at all levels; the support of family and friends; education and access to information; the role of nutrition, arts and spirituality; the opportunity for expanded choices of treatment; and finally, extending the boundaries of health care into our communities to promote preventative health and wellness,” reports Judy Sitton, Chair of Enloe’s Planetree Leadership Team.

The people who work at Enloe already demonstrate great human compassion toward patients, making the philosophical transition to the Planetree Model a natural progression. All employees, nurses, physicians, volunteers, executive leaders and board members are attending a Planetree education and orientation retreat. Through these retreats, the Planetree Leadership Team has witnessed great interest and excitement, resulting in increased momentum for implementing patient-centered care practices based on the Planetree tenants of:

- Human Interactions
- The Importance of Family, Friends and Social Support
- Architectural Design Conducive to Health and Healing
- Empowering Patients through Information and Education
- The Importance of the Nutritional and Nurturing Aspects of Food
- Healing Arts: Nutrition for the Soul
- Spirituality: The Importance of Inner Resources
- The Importance of the Human Touch
- Complementary Therapies: Expanding Patient Choices
- Healthy Communities: Expanding the Boundaries of Health Care

“Planetree provides the structure and culture where staff can enhance the delivery of care in a nurturing environment that alleviates anxiety and improves outcomes for patients,” reports Traci Hunt, Enloe’s Planetree Coordinator. “Enloe provides the type of care I want my family, friends and community to receive. I want everyone in this community to know that when they come to Enloe, we’ll take excellent care of them.”

Enloe leaders and care providers look forward to creating an array of Planetree components to meet the individual needs of patients and complement our current practices. The new culture of care will include:

- A warm, soothing and healing environment through interior design, including local artwork, furniture that accommodates overnight visitors and family lounges
- Places for quiet and solitude with single patient rooms, private consultation rooms, a park and garden spaces
- Empowering patients through information and educational materials at Enloe’s Health Resource Center; a resource for patients, families and the community
- Healing therapies such as massage, yoga, acupuncture, and pet therapy/visitation
- Encouraging family and friend involvement in the care process whenever possible
- Enhancing nutritional options with a new patient menu having greater selection, encouraging families to bring in the patients’ favorite food from home and providing refreshment areas in the family lounges
- Supporting the vital role of spirituality in healing the whole person with resources for patients, families and staff

We invite you to join with Enloe through your support of Planetree to provide a nurturing environment where patients are surrounded by caring staff and supported by opportunities and resources that promote healing of the body, mind and spirit.