

# A JOINT EFFORT

## Patient Education for Joint Repair or Replacement Surgery

We consider your surgery education a “A Joint Effort” to enhance your hospital experience. Our goal is to help you become an active participant in your health care and aid you in a speedy recovery.

- » We'll discuss the surgical process and how to participate in your own recovery.
- » Members of your care team will be available to answer your questions.
- » Meet other patients who are preparing for the same type of surgery.
- » Family members or friends are encouraged to attend class with you.



## FREE Joint Effort Classes

Enloe Rehabilitation Center  
Conference Room  
340 W. East Avenue, Chico

**Registration required**  
**332-7446**



**ENLOE**  
MEDICAL CENTER

[www.enloe.org](http://www.enloe.org)

# Joint Effort 2012 Classes

Thursdays from 10 a.m to 12 p.m.		Wednesdays from 6 p.m. to 8 p.m.
January 5th	January 19th	January 18th
February 2nd	February 16th	February 15th
March 1st	March 15th	March 14th
April 5th	April 19th	April 18th
May 3rd	May 17th	May 16th
June 7th	June 21st	June 20th
July 5th	July 19th	July 18th
August 2nd	August 16th	August 15th
September 6th	September 20th	September 19th
October 4th	October 18th	October 17th
November 1st	November 15th	November 14th
December 6th	December 20th	December 19th

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