

# Neighborhood Update



September 2009

This monthly newsletter is part of Enloe Medical Center's commitment to keep you informed about significant construction activity for our expansion project. Updates for the month include:

**City, medical center plan improvements** – The City and Enloe are currently working together to coordinate the installation of infrastructure improvements around the campus that are called for in the Development Agreement. It is anticipated that by summer 2010, a storm drain line as well as curb gutter and sidewalk, paving and traffic calming/pedestrian safety measures (bulb-outs) will be installed in the area generally bounded by W. 5th Avenue, Arcadian Avenue, Esplanade, and W. 8th Avenue. For more information, contact Shawn Tillman at the City of Chico, (530) 879-6321, [stillman@ci.chico.ca.us](mailto:stillman@ci.chico.ca.us), or Bill Seguire at Enloe Medical Center, (530) 864-1322, [bill.seguire@enloe.org](mailto:bill.seguire@enloe.org).



**Two roofs completed, façade transforms** – The main tower's structural and mansard roofs are now complete! The structural roof, not visible from the street, is an energy-saving thermal plastic roof in a light color to lessen the heat gain. The clay-tile styled metal roof, visible from the street, is the mansard roof. It

is decorative and covers equipment located on the roof. Installation of EFIS (exterior insulation and finish system) on the main tower will continue this month, as scheduled. This system, pronounced "ee-fis," is a multi-layered commercial stucco that will be applied to all exterior walls of the building. Crews are beginning to install the second-to-last coat, which is gray. By the end of September, we expect a large portion of the final layer, the finished color, to be in place. When this work is complete, the finishes of the existing tower will be updated to match the new tower.

**Inside the tower, framing continues; elevator equipment in place** – Interior framing began in August on the first floor of the tower. This will continue along with framing on the second through fourth floors. Framing defines rooms, nurses' stations, closets, hallways and other areas of a hospital, and sets a stable frame for interior wall coverings. Also, mechanical, electrical and plumbing work continues, as it will throughout the project timeline. At the end of August, a crane placed the elevator equipment inside the main tower. When complete, the tower will provide separate elevators for patients and the public, to enhance patient privacy.

**Work begins on Surgical Center** – Preparations for building a one-story Surgical Center are now underway. This portion of the Century Project, at Sixth and Magnolia Avenues, will connect to the new tower and existing building. Crews this month are preparing to build a corridor that will connect to the existing building, and are placing the foundation. This will be made of concrete on steel. Steel for the above-ground structural framing began arriving in early September. Once this steel work begins, it should take about six weeks to complete, weather permitting. The building will be constructed of steel and concrete. The single-story surgical center, expected to be completed in December 2010 and occupied in late February 2011.

**Join us for Enloe Medical Center's September events** – Fall is filled with community events at Enloe. Here are free happenings that take place in our neighborhood. For other events, such as the American Heart Association's Heart Walk and Enloe Rehabilitation Center Open House, please visit [www.enloe.org/events](http://www.enloe.org/events).

**Sept. 15, 22, 29: Enloe Farmers Market:** *Last Enloe markets of the season*

2 p.m. to 6 p.m., Enloe Conference Center's North Parking Lot, 1528 Esplanade, Chico. Stop by for fresh, local produce each Tuesday through September. We look forward to seeing you there!

**Sept. 12: Caring for the Caregivers Workshop**

8:30 a.m. to noon. Enloe Conference Center, 1528 Esplanade. A refreshing educational retreat for those caring for their family, spouse or friend. Reservations required for this free event: 332-7329. Sessions are: Keeping Up Physical & Mental Energy: Nutritional Tips, with Heather Matlock, Clinical Dietician; Comfort Care: Gentle Touch & Massage for You & Your Loved One, with Ross Lemcke, Certified Massage Therapist; Energy Conservation: Work Simplification; Note to Self: How Writing Can Help, led by Patricia Wellingham-Jones, Author; Relaxation: Enjoy the Enloe Mini Spa, led by Gail Cunha, RN

**Sept. 22: Diet Therapy and Lifestyle Medicine**

Noon to 1 p.m., Enloe Conference Center, 1528 Esplanade, Chico. Lecture led by John McDougall, MD, of Santa Rosa, Calif., an internist, author, educator and host of a nationally syndicated television show who teaches better health through vegetarian cuisine. This is a free health and wellness event. *Dr. McDougall is an independent licensed practitioner not employed by the Medical Center. Presented in collaboration with Feather River Hospital Lifestyle Medicine.*

**Sept. 25: Planetree Book Discussion**

Noon to 1 p.m., Enloe Health Learning Center, 1465 Esplanade. Chico. Bring lunch and join the discussion of Deepak Chopra's "Quantum Healing," one of the first popular texts by a physician on the mind-body connection. No reservations required for this free event.

*While we do our best to project dates, they are subject to change due to factors including weather and permits. If you have questions or concerns, feel free to contact **Bill Seguine**, Director of Property Development and Facilities Management, at (530) 864-1322 or [bill.seguine@enloe.org](mailto:bill.seguine@enloe.org). To learn more about the Enloe Century Project, and to read archived issues of this newsletter, visit [www.enloe.org/century](http://www.enloe.org/century).*