



Happy New Year!

This monthly newsletter is part of Enloe Medical Center's commitment to keep you informed about significant construction activity for our expansion project. Updates for the month include:



Surgery Center exterior finishes in the works – Construction crews early this year will work on the Surgery Center's exterior finish system, known as EFIS (pronounced "EFIS"), or commercial stucco. This is the same finish system used on the new patient tower. EFIS is comprised of seven layers, including gold-colored dens glass for weather proofing and blue mesh to protect from cracking. Scaffolding remains in place to allow for this work to take place. The façade is anticipated to be completed by February. Interior fireproofing will then occur. Roofing and exterior framing, discussed in past issues, are now complete.

And now for interiors – We will soon share a preview of the interior finishes planned for the new patient tower. Look for an update soon on when we will post online the color pallets, including paint, flooring, cubicle curtains, cabinetry color, fabrics and countertops. Each floor and main lobby will have its own color pallet. Employees will have an opportunity to vote on accent colors. Our color pallets are earth tones based on colors commonly seen around Chico.

Update on patient tower windows – The windows for the new patient tower were originally expected to be put in place starting in December 2009. This process has been set aside, however, as we await final approval from OSHPD (Office of Statewide Health and Planning Development). We expect to be able to begin installation in the coming months.

Seismic upgrades continue in 1967 building – Construction crews are now seismically upgrading a sheer wall near the Radiology department. The wall, located in a portion of the Esplanade campus built in 1967, is one of four walls to be updated over the next two years. This is part of our continuing multiphase project (including the Century Project) to prepare for California's seismic law. This law requires hospitals to rebuild or retrofit to meet the strict seismic standards by 2013. The Laboratory was already updated as part of this project. We also expect to move the Cardiology Department from its temporary home location to its permanent site, and in February to move the Ultrasound Department to a temporary site to make way for a new Open Magnetic Resonance Imaging system. These seismic upgrades on the 1967 building will continue throughout the year.

Feb. 22: CANA General Meeting and Action Plan – The public is invited to attend the Chico Avenues Neighborhood Association meeting scheduled Feb. 22 at the Enloe Conference Center, 1528 Esplanade from 6:30 p.m. to 8:30 p.m. The Avenues Neighborhood Plan includes historic preservation; auto, pedestrian and bike circulation; schools; code enforcement; and the Enloe Campus. If you have questions, please e-mail CANA at chicoavenues@sbcglobal.net.

March 18: Enloe Community Meeting – Please join Enloe's CEO Mike Wiltermood on March 18 to learn about Enloe's new strategic direction and priorities, including Century Project updates. The meeting will take place at the Enloe Conference Center, 1528 Esplanade, Room 101, from 6 p.m. to 8:30 p.m. The meeting is a follow up to the community feedback session held in the fall of 2009. Reservations are not required. For more information, call 332-6745.

Join us for Enloe Medical Center's January events – Reservations are not required for the following free events. More calendar listings can be found at www.enloe.org/events.

Jan. 14: H1N1 Flu Vaccine Clinic 7 a.m. – 1 p.m. or as supplies last, Manzanita Place (Elks Lodge), 1705 Manzanita Ave., Chico. For adults and children age 3 and up. Vaccine also available for pregnant women. Please park in the rear parking lot and form a line from the front door to the rear parking lot. Wear clothing that allows vaccination to your upper arm. Vaccine provided by California Department of Public Health in partnership with Butte County Public Health Department. Please do not contact Manzanita Place for details. MORE INFO: If you have any questions about this flu clinic, please call Margie Rackley at Enloe Medical Center, at 332-6444. If you leave a message, she will return your call by the following business day. This flu vaccine clinic information is also recorded on the Enloe Flu Information Line: 332-7017

Jan. 14 Hospitality Team Volunteer Training 3 p.m. to 5 p.m., Enloe Conference Center, Planetree Room, 1528 Esplanade, Chico. Volunteers are often the first point of contact in the main hospital lobby - serving as greeters, communication liaisons, and escorts. Training is provided for community members interested in joining the Enloe Volunteers in this role. 332-4575.

Jan. 14 The Liver and Its Function 7 p.m. to 8 p.m., Enloe Conference Center, 1528 Esplanade, Chico. A presentation by Gastroenterologist Stephen Pearce MD*. The liver is the largest gland in the human body with a wide range of vitally important functions. Reservations not required for this free educational event. 332-7016

Community Smoking Cessation Clinics 2010 can be the year YOU become tobacco free! Enloe Medical Center is pleased to offer four free educational evening sessions with information and resources to help you cope and quit your nicotine addiction.

Jan. 19: Taken for Granted: Healthy Lungs 7 p.m. to 8 p.m. Presented by Pulmonologist, Gerard Valcarenghi, MD*

Jan. 21: How Marketing Affects the Choice to Smoke 7 p.m. to 8 p.m. Presented by Shelly Brantley, MPA, Project Director American Lung Association of California

Jan. 26: Quitting Tips & Resource Fair 4:30 p.m. to 7 p.m. Educational exhibits & handouts. Free blood pressure and pulmonary function screenings. 7 p.m. to 8 p.m.

Ask the Experts Panel with Mary Aram, RD, MS, CDE, Enloe Clinical Dietitian; Danny Abifadel, PharmD, Enloe Clinical Pharmacist; Linda Pearson, CCHT, Hypnotherapist; Adam Moes, Lac CMT, Acupuncturist; and Aldebra Schroll, MD.

Feb. 4: How Smoking and Weight Affect the Heart 7 p.m. to 8 p.m. Presented by Cardiologist Marcia Moore, MD*

Jan. 29: Book-In-Common Discussion of "The Soloist" Noon to 1 p.m., Enloe Health Learning Center, 1465 Esplanade. A lost dream. An unlikely friendship. The redemptive power of music. It's all in "The Soloist" by Steve Lopez, our winter-quarter Planetree reading. Bring your lunch and join the discussion of this community book-in-common. Free event. 332-7016

**Drs. Pearce, Valcarenghi, Schroll and Moore are independent licensed practitioners who are members of the Enloe Medical Staff and are not employed by the medical center.*

*While we do our best to project dates, they are subject to change due to factors including weather and permits. If you have questions or concerns, feel free to contact **Bill Seguire**, Director of Property Development and Facilities Management, at (530) 864-1322 or bill.seguire@enloe.org. To learn more about the Enloe Century Project, and to read archived issues of this newsletter, visit www.enloe.org/century.*